



Health Matters Newsletter October 19, 2018

Today's Health Matters Includes:

- Meeting Schedule
- Community Meetings and Events
- Cowichan Patient Survey -please complete and share broadly
- Measuring Low Income and Canada's Poverty Line – Survey link
- What Reconciliation is and What it is Not Saturday November 3
- Ready to Rent online Training
- Christmas Chaos requires Volunteer for Santa's workshop Craft Table
- Fun and FREE online Story Books available in many languages- copy and share broadly
- New CVRD Placemaking Event



Our Cowichan- Network Member Meetings-

- ✓ **Next Admin Committee Meeting- November 1, 4:30-6:30** CVRD Committee Room 2
- ✓ **Next Our Cowichan Network Meeting at November 8, Ramada Silver Bridge** Light dinner at 5:15 pm Meeting starts at 5:45 pm.

Community Events- Meetings

- **Community Response Team Meeting** November 22, 9 am-11am Meeting Room 213 Location to be determined
 - **EPIC-Community Steering Committee** November 15, 1:30 -3:30 pm Ts'i'ts'uwatul' Lelum
 - **Cowichan Affordable Housing and Homelessness Coalition** November 21, 10 am to 12:30 Community Futures Boardroom. New members welcome!
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Local Data and or Research-

Cowichan Patient Survey- Complete and Share Broadly

Hello all

Island Health and the Cowichan Division of Family Practice are initiating a survey of the residents of Cowichan Valley to better understand healthcare needs and preferences and how we might improve services. Your support in distributing this link to your membership is greatly appreciated. If you would prefer paper copies, please contact Shaun Lorhan at 250-519-5300 x32908.

[Cowichan Patient Survey](#)

With thanks

Shaun Corrine Lorhan, BSW, MA

Project Manager Community Health & Care | Island Health Authority

p: (250) 519-5300 x32908 | c: (250) 920-6715 | e: Shaun.Lorhan@viha.ca

Measuring low income and Canada's Official Poverty Line

Statistics Canada is [conducting a consultation](#) to gather input from Canadians to help validate how we are measuring poverty. Recently, the Government of Canada announced that the Market Basket Measure (MBM) will be used as Canada's Official Poverty Line. Statistics Canada is currently conducting a comprehensive review of the MBM. By participating in this consultation, you will be supporting Statistics Canada's ability to accurately measure low income and poverty. **Deadline to participate is January 31, 2019.**

Santa's Workshop Craft Table at Christmas Chaos needs volunteers.

November 16, 17, 18, 19- If you or someone you know would love to spend some fun and fabulous time with children please contact Denise Williams at dwilliams@cverd.bc.ca for more information

Vancouver Island Regional Library in partnership with Reconciliation Canada

Presents

What Reconciliation is and What it is Not

Saturday November 3, 1:00 Pm

Heritage Hall- Island Savings Centre-2687 James Street

Join us for an afternoon with Reconciliation Canada Ambassador and mentor of the Snuneymuxw First Nation, Yvonne Rigsby-Jones, for a discussion and Q and A on What Reconciliation is and what it is not.

Register for free at virlcowichan.eventbrite.ca or call 250-746-7661

Ready to Rent Training (on Line Opportunity)

Ready to Rent BC (R2R) provides education and support to tenants, landlords and community champions with one goal: successful tenancies. Their model has three main goals: assist people to find and/or

maintain good housing; reduce conflict, damages and evictions, and; increase housing stability. Learn more about the [program and how you can participate here](#)

Fun and Free online Children's Books- Storybooks Canada



[Storybooks Canada](#) is a free open educational resource that promotes literacy and language learning in homes, schools, and communities. It is an opportunity to access 40 stories from the African Storybook available with text and audio in English, French, and the most widely spoken immigrant and refugee languages of Canada.

SPEAKER SERIES

Placemaking vancouver ISLAND //2018

Dewey Thorbeck
Rural Design:
A new discipline

Thursday, November 29 @ 7 p.m.
Vancouver Island University

Dewey Thorbeck believes that the spirit of a place exists in the feelings that people generate about it. A beautiful building can evoke an emotional response, but a beautiful building that is part of nature is poetic. He is a practicing architect, an Emeritus Adjunct Prof of Architecture at the University of Minnesota, and now a Senior Research Fellow in the Minnesota Design Center.

Get your tickets today!
<https://deweythorbeck-cowichan.eventbrite.ca>



Do you have a resource, event or information you would like to share?

Send it to cindylisecchn@shaw.ca and it will be included in the weekly

Health Matters Newsletter